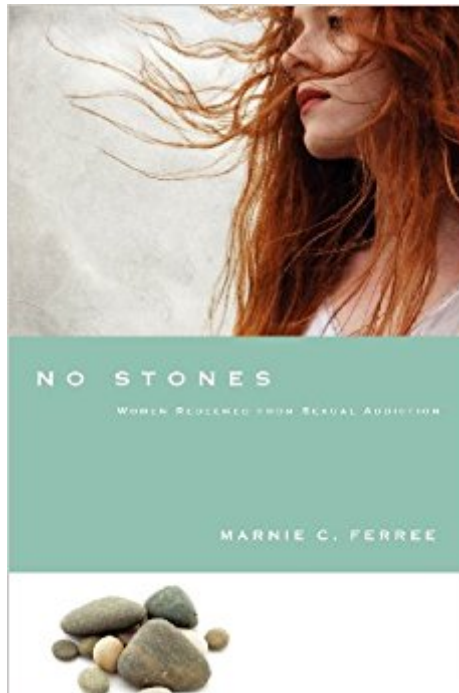




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No Stones: Women Redeemed From Sexual Addiction



Synopsis

In this book Marnie C. Ferree offers a unique resource for women struggling with sexual addiction. Taking her book's title from the parable where Jesus extends grace to the woman caught in adultery, Ferree bravely shares her own story of sexual addiction, recalling her years of shame from living a double life and the moment when she ultimately had to tell the truth. But more than just offering her story as a hopeful example of God's transforming power, Ferree distills her clinical expertise on female sexual addiction accessibly and gently, providing a much-needed resource for women struggling with any degree of relational or sexual addiction. Ferree details the roots of addiction in family trauma and offers clear-eyed advice as both a counselor and a "grateful recovering sex addict" on how to achieve sobriety and healing. Written by a counselor who understands the condition from the inside out, *No Stones* offers practical help for those battling sexual addiction. It also includes a specific chapter for anyone in close relationship with an addict, whether a spouse, family member, or friend, who wants to come alongside women as they seek help. Important for pastors and church leaders, this book will also be a much sought-after resource for Christian counselors and therapists counseling women who grapple with this type of addiction.

Book Information

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Customer Reviews

"A must-have resource for pastoral counselors, pastors to women, directors of women's ministry and anyone who seeks to know more about sexual addiction, particularly as it manifests in women." (Annie A. Lockhart, *YouthWorker Journal*, November/December 2010)"In the first major

Christian-published book on the topic, Marnie Ferree blows to bits easy assumptions about who gets addicted and why. Blessedly practical and deeply biblical, No Stones gives women--and their husbands and counselors--tools to break the cycle and the hope of finding real intimacy." (Katelyn Beaty, Christianity Today, May 2010)"The historical absence of books written about female sexual addiction adds to the myth that sexual addiction is exclusively a 'men's issue.' No Stones attacks that myth while also filling the void in the literature by presenting an honest, comprehensive and compassionate examination of how women (and those who love and live with them) can move toward growth and healing from sexual addiction. To her great credit, Ferree does not oversimplify or offer quick fixes, but instead utilizes her own story, as well as those of the women she has counseled, to guide the way toward hope and recovery." (Kim Gaines Eckert, Psy.D., Wheaton College, author of Stronger Than You Think: Becoming Whole Without Having to Be Perfect)"Marnie Ferree masterfully and sensitively tackles what is often considered a taboo subject: female sexual addiction. In doing so, she also brings a depth and wealth of understanding of female sexuality and feminine identity in general. Her discussions are timely and will be of great value to women struggling in hiddenness and shame. This book is also a must for clergy and counselors who want to effectively support women seeking greater healing and wholeness in the realm of sexuality and relationships." (Janelle Hallman, M.A., LPC, author of The Heart of Female Same-Sex Attraction)"This brave and highly original book challenges readers to question their long-held religious views about women's sexuality. Marnie's courage in describing her own difficult sexual and family history powerfully illustrates the shame and pain felt by women who are sexually addicted. No Stones will make it easier for troubled Christian women to seek the help they need." (Jennifer Schneider, M.D., addiction specialist, and author of Back from Betrayal and Sex, Lies, and Forgiveness: Couples Speak on Healing from Sex Addiction)"There has been a vacuum of information available for female sex addicts. This courageous book integrates sound mental health principles with biblical and spiritual truths. I will certainly recommend No Stones." (Ralph H. Earle, Ph.D., author of Lonely All the Time, and past president of the American Association of Marriage and Family Therapists)"No Stones is destined to be a resource of immense value in helping female sex addicts (and those who care about them). Marnie writes passionately and vulnerably. She offers help without being condescending. She stresses personal accountability without being judgmental. I thank her for exploring such an important subject in such a candid, skillful and tender way." (Rubel Shelly, Ph.D., former preaching minister, Woodmont Hills Church of Christ, author, ethicist)"Finally, there is a book written for women strugglers. I found hope and healing in these pages. No Stones is written with great sensitivity, empathy, vulnerability and wisdom by someone who understands the

struggle firsthand. Now I know I'm not alone." (Beth, recovering female sex addict)"We have long needed a practical guide for women and sex addiction. Well written by a woman who has been there." (Patrick Carnes, Ph.D., author of *Out of the Shadows* and *Don't Call It Love*)"Marnie Ferree is a pioneer in the field of women's sexual addiction recovery, and this is a pioneering work destined to become a standard." (Mark R. Laaser, Ph.D., author; and executive director, American Association of Christian Counselors' Institute for Healthy Sexuality)

Marnie C. Ferree (M.A., Trevecca Nazarene University), is a licensed marriage and family therapist. She is director of Bethesda Workshops in Nashville, a clinical intensive treatment program for sex addicts, co-addicts and couples. Ferree formally worked as a marriage and family therapist at Woodmont Hills Counseling Center in Nashville.

If you buy this book then you are pretty much admitting to yourself that you are a person who has some kind of sexual addiction. Most of this book is geared towards the person with the addiction, but it does address the co-dependent. She doesn't mince any words and addresses all kinds of addiction. I found this book extremely helpful and gave me much to think about. One thing to keep in mind if you have an addiction is that there is no simple bandaid on this problem and requires much effort towards healing and remaining healed. I love that a woman wrote it for women. Know this: MANY woman have some kind of addiction and don't know where to turn to for help. Society seems to associate addiction as a male problem, but that is simply NOT true.

A must read for any woman who has struggled with lust; very well written, packed full of insight, revelation, and understanding. One of the BEST books on female sexuality that I've read.

This book changed my life. I will buy 1 just to keep on hand to place in someone's hand who needs it. It took me over a year to finish this book since I read it as I could handle the tremendous information presented in it. I recommend this book for addicts and co addicts.

This book answers questions about women and sexual addiction. Very helpful information if you are or counsel women who are trying to break free. It's about time the church broke out of their bush zone.

I bought this book, as I was helping a friend recover from her need to have affairs. It addresses so

much more than sexual addiction...it is helping me know my own problems in deeper ways than I've been able to address them before. Excellent reference book.

I was raised in a home that lived according Christian values and we went to church every week. My experience was both wonderful and flawed simultaneously. Issues such as women and sexuality were very poorly discussed and articulated in a way that lead to confusion for myself and other friends growing up in the church. This book is a valuable resource that integrates the complexity of sexual addiction with the hope of the Gospel in a way that is not trite, simplistic, or demeaning for that matter. I am very encouraged to have such an informative and healing resource on the topic of sexual addiction for women; I pray that this book is simply a beginning to more holistic conversations on women's sexuality in and out of the church.

I'm a missionary in Brazil, and I work with those who struggle with sexual addiction. I think this book is so good that I actually went to the publisher and got permission to get it translated into Portuguese. I'm already using the material with the women I am helping, and they are finding it very useful.

Found this book extremely insightful in delving inside the mind of a female sex addict. Gave my wife and I the tools we need for recovery for both the addict as well as for the partner of a sex addict. Was honest enough to describe the role played by the codependent, the family dynamics and describes the causes of both dysfunctions, and more importantly, the proven solutions. I enjoyed the writing style of the author who draws from her own experiences and describes in vivid and graphic detail unforgettable lessons to live by. I started off being very judgmental, hopeless and angry; and ended up becoming very sympathetic to this addiction and hopeful of a happy ending in our own marriage.

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